FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C. 20549	

<b>STATEMENT</b>	<b>OF CHANGI</b>	ES IN BENEFI	CIAL OWNER	RSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average	e burden								
hours per respons	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     NORRINGTON LORRIE M					2. Issuer Name <b>and</b> Ticker or Trading Symbol Asana, Inc. [ ASAN ]									pplicable) ector	Ū	10%	Owner	
	(Fir	, ,	/liddle)		3. Date of Earliest Transaction (Month/Day/Year) 11/01/2022									icer (give ow)	title	Other belov	r (specify v)	
633 FOL	SOM STRI	EET, SUITE 100	)		4 If Amendment Date of Original Filed (Menth/DateAfren)								Individual or Joint/Group Filing (Check Applicable					
(Street) SAN FRANCI	ISCO CA	A 9	4107		4.117	4. If Amendment, Date of Original Filed (Month/Day/Year)						X Form filed by One Reporting Person Form filed by More than One Reporting Person				rson		
(City)	(Sta	ate) (Z	<b>Z</b> ip)															
		Table	I - No	n-Deriva	tive	Secui	rities	Acc	quired	, Dis	posed of	, or Be	enefic	ially Ov	ned			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day			Execution Date,		ate,	3. Transaction Code (Instr. 8)  4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4					Form (D) o	vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
									Code	v	Amount	(A) or (D)	Price	Trans	saction(s) r. 3 and 4)			(111511.4)
Class A C	Class A Common Stock 11/01/202					)22			A		758(1)	A	\$20	.6 1	104,943		D	
Class A Common Stock														2,295		I	See footnote <sup>(2)</sup>	
		Tal	ole II ·								osed of, convertib				ed			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	eemed tion Date, h/Day/Year)	4. Transa Code ( 8)		of Deriv Secu Acqu (A) o Disport (D	osed ) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  Securit Securit 3 and 4			t of ies ying ive y (Instr.	8. Price of Derivative Security (Instr. 5)	e deriva Securi Benefi Owned Follow Report	ive ties cially ing ed ction(s)	10. Ownersh Form: Direct (D) or Indirec (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date		Amount or Number of Shares					

1. These shares represent the Class A Common Stock that the Reporting Person elected to receive in lieu of cash compensation under the Issuer's Non-Employee Director Compensation Policy for the quarter ended October 31, 2022. The shares were calculated based on the closing price of a share of Class A Common Stock on October 31, 2022. Pursuant to the Issuer's Directors' Deferred Compensation Plan, the Reporting Person elected to defer the receipt of such shares to a future date in accordance with the terms of such plan and the Reporting Person's plan election.

2. The shares are held of record by Norrington Advisory Services, LLC.

## Remarks:

/s/ Katie Colendich, Attorneyin-Fact

11/03/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.